

Justice and balance

Why is balance important?

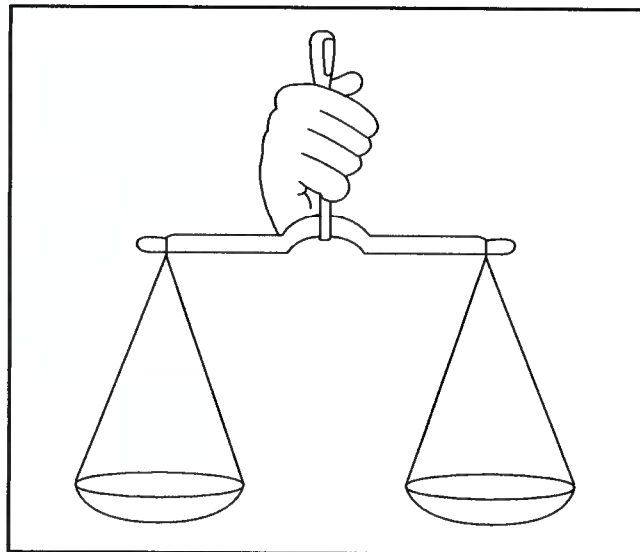
Meet "Lady Justice." What qualities are part of Justice?



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Why is Justice important?

Why does "Lady Justice" always hold a balance scale?



Using the dynamics of Justice consciously:

What you want from Life YOU must give first!

What does that mean in **your** Life?

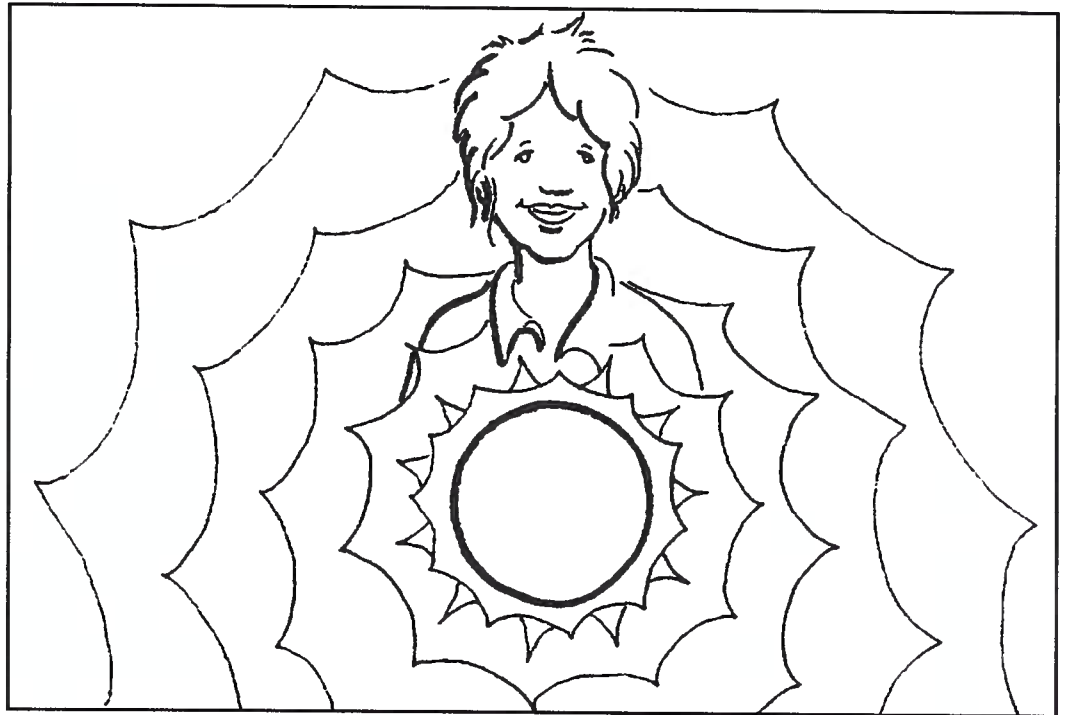
Give examples.

CD 1 Track 5

Input from our Living Consciously seminars is found on page 147 in the Appendix



Heal: Forgive



CD 2 Track 17

What is forgiveness? Check out the definition in a dictionary, so you can appreciate its full depth. Write down the highlights here:

What do you choose to give up when you forgive?

With what are you consciously replacing the above, when you choose to forgive?

Does forgiving someone mean that something bad or wrong didn't happen?

When you forgive someone, does it mean that you are going to let them keep on hurting you? How can you protect yourself constructively?

You may not want to forgive. If you choose not to forgive, whom does that hurt?

How does the ability to forgive affect the quality of your life?

As we learn to practice forgiveness consciously, it is very protective. Why? It will also begin to dissolve fear!

Awareness: The Highest Common Denominator



Each one of us is like one of these jewels inside! We have internal beauty, uniqueness, and the potential for ever-expanding worth.

Increasingly, in the world, we are categorized into groups by criteria that diminishes or trivializes our humanity and worth. Children are labeled by their learning disability. We are referred to by our disease or

addiction in medical centers. We are classified by our lack, for example, poor, homeless. We are distinguished by the color of our skin, our gender, our nationality, our language, our education, our age group. **This is classification by our LOWEST common denominators.**

These labels and generalizations have been calcified into the monster of DIVERSITY, magnifying the DIFFERENCES between people and groups. Assertions are made, often by stealth, that those not in our group are to be mistrusted and mistreated. They are used to decide what we will be allowed.

What is the ONE thing that every human being alive on the earth shares IN COMMON? - regardless of our race, gender, age, nationality, economic class, education, money, or position?

It is LIFE. Simply. Purely. We all have LIFE inside us. And from that shining point, we all want the same things.

This is our Highest Common Denominator. Choosing to live by the acknowledgement of our Highest Common Denominator **TRANSCENDS diversity.**

Consciously recognizing our Highest Common Denominator has the power to turn our interactions and associations with others...

from this:

To THIS:



What are the qualities of the relationships in the illustration on the left?

What are the possibilities in the relationship illustrated on the right?

CD 4 Track 12

Input from our Living Consciously seminars is found on page 149 in the Appendix

